# Finding Life & Health

**I John 5:14, 15** – Now this is the <u>confidence</u> that we have in Him, that if we ask <u>anything according to His will</u>, <u>He hears us</u>. <sup>15</sup>And if we know that He hears us, whatever we ask, <u>we know that we have</u> the petitions that we have asked of Him.

- "confidence" free and fearless confidence, cheerful courage, boldness, assurance. [Strong's]
- <u>Vine's</u> the absence of fear in speaking boldly; unreservedness in speech.

## INTRO: Main hindrances to life & health:

- Not totally convinced of God's will.
- Don't believe Jesus bore your sicknesses.

**Matthew 8:16, 17** – When evening had come, they brought to Him many who were demon-possessed. And He cast out the spirits with a word, and healed all who were sick, <sup>17</sup>that it might be fulfilled which was spoken by Isaiah the prophet, saying: "He Himself took our infirmities and bore our sicknesses."

- Jesus took upon Himself our infirmities (weaknesses) and bore (put upon Himself and carried away) our sicknesses!
- "If Jesus took my infirmities and bore my sicknesses, then why am I still sick?"
- Because you don't believe it yet.
- We tend to agree mentally but not at a heart level. When we believe at the heart level we maintain our confession, confidence is high, we're at peace, and GRACE is released!

**Matthew 16:13-19** – When Jesus came into the region of Caesarea Philippi, He asked His disciples, saying, "Who do men say that I, the Son of Man, am?" <sup>14</sup>So they said, "Some say John the Baptist, some Elijah, and others Jeremiah or one of the prophets." <sup>15</sup>He said to them, "But who do you say that I am?" <sup>16</sup>Simon Peter answered and said, "You are the Christ, the Son of the living God." <sup>17</sup>Jesus answered and said to him, "Blessed are you, Simon Bar-Jonah, for flesh and blood has not **revealed** this to you, but My Father who is in heaven. <sup>18</sup>"And I also say to you that you are Peter, and on this rock I will build My church, and the gates of Hades shall not prevail against it. <sup>19</sup>"And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

- Again, how do we know Jesus bore our sicknesses? "But I didn't see Him do it!" Even if you were there that day you wouldn't have seen it.
- Natural human knowledge can't comprehend what Jesus did.

- This kind of knowledge comes only by revelation revelation knowledge.
- "revealed" to make known, make manifest, disclose what before was unknown; an internal disclosure, to the thinking (meditating) believer, and abiding. This "unveiling" precedes and produces the "manifestation".
- **Illustration**: you can only hear Yankee games on 104.5 FM.

#### Therefore, to find life & health we must obtain revelation knowledge. But how?

### This isn't all the answer, but it is the starting place:

**Proverbs 4:20-22** – My son, give attention to my words; Incline your ear to my sayings. <sup>21</sup>Do not let them depart from your eyes; Keep them in the midst of your heart; <sup>22</sup>For they are life to those who find them, and health to all their flesh.

- Subject: God's Word!
- Pay attention! [Imperative]
- **Listen obediently!** ["Incline your ear" also <u>imperative</u>]
- **Illustration**: if you're asked to replace a sick pilot, you'd listen to the tower obediently!
- Don't let 'em depart get out of your view. [Again, imperative]
- **Keep** (<u>imperative</u>) guard, protect, treasure up (in memory), celebrate – them!
- Where? In the midst of your <u>HEART</u>!
- Why? Because God's words are <u>LIFE</u> & <u>HEALTH</u>!
  - Life: the same thing God breathed into Adam's lifeless body. Equivalent to ZOE.
  - Health: MARPE (a derivative of RAPHA) a cure; a medicine.
- For who? Those who <u>FIND THEM</u>!
- <u>"find</u>" to find after a purposeful search.
- Genesis 6:5-8 Then the LORD saw that the wickedness of man was great in the earth, and that every intent of the thoughts of his heart was only evil continually. <sup>6</sup>And the LORD was sorry that He had made man on the earth, and He was grieved in His heart. <sup>7</sup>So the LORD said, "I will destroy man whom I have created from the face of the earth, both man and beast, creeping thing and birds of the air, for I am sorry that I have made them." <sup>8</sup>But Noah found grace in the eyes of the LORD.

#### Keep God's Word in the midst of your heart and find revelation knowledge!