

The Established Heart

Psalm 112 – *“Praise the LORD! Blessed is the man who fears the LORD, Who delights greatly in His commandments. ²His descendants will be mighty on earth; the generation of the upright will be blessed. ³Wealth and riches will be in his house, and his righteousness endures forever. ⁴Unto the upright there arises light in the darkness; he is gracious, and full of compassion, and righteous. ⁵A good man deals graciously and lends; he will guide his affairs with discretion. ⁶Surely he will never be shaken; the righteous will be in everlasting remembrance. ⁷He will not be afraid of evil tidings; **his heart is steadfast**, trusting in the LORD. ⁸**His heart is established**; he will not be afraid, until he sees his desire upon his enemies. ⁹He has dispersed abroad, he has given to the poor; his righteousness endures forever; his horn will be exalted with honor. ¹⁰The wicked will see it and be grieved; he will gnash his teeth and melt away; the desire of the wicked shall perish.”*

Heart:

- **Spirit** [**II Corinthians 5:17** – *Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*]
- **Soul** [**Luke 21:19** **[AMP]** – *By your steadfastness and patient endurance you shall win the true life of your souls.*]
- **Body** [**I Corinthians 9:27** – *But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.*]
- **Note:** we have taught much on the **SOUL**. (Focusing on the mind)
- **Heart:**
 - Not just another word for “spirit.”
 - Not the same as “soul” either.
 - A combination of spirit & soul; a link between the two.

Proverbs 4:23 – *Keep your heart with all diligence, for out of it spring the issues of life.*

- **I.e.,** the boundaries of our life are set by our hearts. It is our gate-keeper.

Matthew 15:18, 19 – *But those things which proceed out of the mouth come from the heart, and they defile a man. ¹⁹For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies.*

- Bad things can be in the heart. If they are, they’ll come out!

Back to Psalm 112. What makes this man different?

- **vs. 7** – his heart is steadfast.
- **Steadfast**: to be fixed; to be firmly established; to be directed aright; to be prepared, be settled.
- **vs. 8** – his heart is established. (different Hebrew word)
- **Established**: to lean or rest upon or against; to support, uphold, sustain.

What other things do we notice about this man?

- **He is righteous. [vs. 2, 3, 4, 6 & 9]**
 - **Romans 10:10** – *For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.*
- **He is not afraid. [vs. 7 & 8]**
 - He doesn't fear bad news because his heart is steadfast, trusting in the Lord.
 - His heart is established, therefore he won't be afraid.
 - **I John 4:15-19** – *Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. ¹⁶And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him. ¹⁷Love has been perfected among us in this: that we may have boldness in the day of judgment; because as He is, so are we in this world. ¹⁸There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. ¹⁹We love Him because He first loved us.*
- **He is trusting in the Lord. [vs. 7]**
 - **Proverbs 3:5, 6** – *Trust in the LORD with all your heart, and lean not on your own understanding; ⁶In all your ways acknowledge Him, and He shall direct your paths.*
 - **Trust** – [Imperative] to be confident; to be bold; to be secure.