

Believing in Your Heart

Proverbs 4:23 – *Keep* (guard, watch over) *your heart with all diligence, for out of it spring the issues (boundaries) of life.*

- **Keep** – imperative. Yet most are either ignorant or apathetic about their hearts.

Hebrews 11:1 – *Now faith is the substance of things hoped for, the evidence of things not seen.*

- **One translation:** faith GIVES SUBSTANCE to things we hope for.
- **[AMP]** – *Now faith is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see and the conviction of their reality [faith perceiving as real fact what is not revealed to the senses].*
- **Note:** faith is “the title deed” or PROOF OF OWNERSHIP.

Romans 10:8-10 – *But what does it say? “The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach): ⁹that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. ¹⁰For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.*

- **Note:** it’s not really FAITH until its HEART FAITH.
- **Faith** is not just memorizing scripture, saying it over and over, so we can argue our philosophy with others.

How do we get into our heart? **Psalm 119:99** – *I have more understanding than all my teachers, for Your testimonies are my meditation.*

- “understanding” – implies it’s in your heart.
- “meditation” – reflection, musing.

Biblical meditation: Thinking about how you would look if the Word is true.

- **Renew your mind** by harmonizing your mind with your heart.
- **Immovable** = When heart & mind become completely in sync!

Biblical meditation: requires slowing down the brain waves so as to move us to a meditative state.

How mistakes are made:

- Our minds are racing because of stress or fear.
- We go into “survival mode.” We become totally self-centered.
- We don’t think about consequences or the big picture.
- We lose all connection to our heart.
- We make horrible decisions which we later regret.

Imagination is a part of meditation.

- **Meditation** – ponder or imagine something until it becomes real & believable inside you. Once it becomes real to you, you become sure about it, immovable.
- **Imagination** – to form or give shape to something.
- **Imagination** comes from God; can be used for good or bad.

Isaiah 26:3 – *You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.*

- **Mind** – imagination; intellectual framework.
- **Stayed** – leaning on; supported by.
- **Trusts** – confident; secure.

II Corinthians 10:3-6 – *For though we walk in the flesh, we do not war according to the flesh. ⁴For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, ⁵casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, ⁶and being ready to punish all disobedience when your obedience is fulfilled.*

- **Strongholds** – anything on which one relies; of the arguments and reasonings by which a disputant endeavors to fortify his opinion and defend it against his opponent.
- **Arguments** – LOGISMOS; (noun) imaginations; reasonings.

Philippians 4:8 – *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

- **Meditate** – LOGIZOMAI; (verb) meditate, calculate, reason.