

Reprogram Your Heart

Proverbs 4:23 – *My son, give attention to my words; Incline your ear to my sayings. ²¹Do not let them depart from your eyes; Keep them in the midst of your heart; ²²For they are life to those who find them, and health to all their flesh. ²³Keep your heart with all diligence, for out of it spring the issues of life.*

- **NLT**: *Guard your heart above all else, for it determines the course of your life.*
- **Young's Literal Translation**: *Above every charge keep thy heart, for out of it are the outgoings of life.*
- **New English Translation**: *Guard your heart with all vigilance, for from it are the sources of life.*

What does this verse mean?

- **My paraphrase**: It's not what you know, it's what's in your heart that sets your course.

How do our hearts get programmed?

- **Dr. Jim Richards**: Programming our heart happens many ways, but regardless of the process the two factors always present are **information** plus **emotion**. [Wired for Success; Programmed for Failure]

Mark 5:35, 36 – *While He was still speaking, some came from the ruler of the synagogue's house who said, "Your daughter is dead. Why trouble the Teacher any further?" ³⁶As soon as Jesus heard the word that was spoken, He said to the ruler of the synagogue, "*Do not be afraid; only believe.*" **AMP** [vs. 36] – "*Overhearing but ignoring what they said, Jesus said to the ruler of the synagogue, 'Do not be seized with alarm, and have no fear, only keep on believing.'*" **Wuest** – ". . . stop fearing, only be believing . . ."*

Hebrews 4:12 [**AMP**] – *For the Word that God speaks is alive and full of power – making it active, operative, energizing and effective; it is sharper than any two-edged sword, penetrating to the dividing line of*

the breath of life (soul) and [the immortal] spirit, and of joints and marrow [that is, the deepest parts of our nature] exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.

Psalm 23:1-3 – *The Lord is my shepherd; I shall not want. ²He makes me to lie down in green pastures; He leads me beside the still waters. ³He **restores** my soul; He leads me in the paths of righteousness for His name's sake. [Strong's: to turn back; return]*

III John 2 – *Beloved, I pray that you may prosper in all things and be in health, just as your soul **prosper**s. [Thayer's: To lead by a direct and easy way]*

II Corinthians 4:16-18 – *Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being **renewed** day by day. ¹⁷ For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, ¹⁸ while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal. [Strong's: make new; cause to grow up; renovate]*

Ephesians 4:20-24 – *But you have not so learned Christ, ²¹ if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: ²² that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, ²³ and be **renewed** in the spirit of your mind, ²⁴ and that you put on the new man which was created according to God, in true righteousness and holiness.*

- **Vine's:** The "renewal" here mentioned is not that of the mind itself in its natural powers of memory, judgment and perception, but "the spirit of the mind," which, under the controlling power of the indwelling Holy Spirit, directs its bent and energies Godward in the enjoyment of "fellowship with the Father and with His Son, Jesus Christ," and of the fulfillment of the will of God.